

# HALIFAX CHEER ELITE



SEASON 23  
CHEERLEADING PROGRAMS



# SEASON 23

# INFO GUIDE



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## About Elite

We are a non-profit cheerleading organization located in West Bedford that provides cheerleading and gymnastics instruction to athletes ages 3 and older. We are one of the longest running, largest, and most successful gyms in Atlantic Canada. We attribute our growth and success to our gym culture which prides itself on competitiveness, expertise and diversity.

187 Bluewater Road  
Bedford, Nova Scotia

# NOVA SCOTIA'S LARGEST CHEERLEADING GYM

## Why Choose Elite

At Elite, we pride ourselves on being a diverse, inclusive, family environment where athletes and their families find their "happy place". Our focus is on developing young people not only into great athletes but into strong, confident, and empowered humans as well. We have something to offer everyone; from our preschool age teams to our high caliber competitive Allstar, Summit and Worlds level teams. We offer camps, tumbling, private lessons, classes, and options for athletes of every ability. Come and find out what makes the Elite experience, the best and most competitive one in the province. Make your move, choose HCE!



[halifaxcheerelite@outlook.com](mailto:halifaxcheerelite@outlook.com)



# PRE-COMPETITIVE CHEERLEADING

*Where the  
fun begins!*

## Tiny Team (Ages 3-4)



The tiny program is designed to be a fun introduction to the sport of cheerleading. Athletes will learn the foundational skills of cheerleading in a fun and cooperative environment. Our tiny team practices once per week and performs at local competitions.

## Mini Rec Team (Ages 5-8)



The mini rec program is designed to be a fun introduction to the sport of cheerleading. Athletes will learn the foundational skills of cheerleading in a fun and cooperative environment. Our mini team practices once per week and performs at local competitions.

## Inclusive Abilities Team (All Ages)



Our inclusive cheer abilities program is run by our staff who have extensive experience and passion for this program. Here we offer people with intellectual and/or physical disabilities an opportunity to learn cheerleading. Our programs are fully inclusive, designed and adapted for those with any disability or need. Our inclusive abilities team practices once per week and performs at local competitions.

## Pom Team (Ages tbd)



Athletes will learn the foundational skills of pom and dance in a fun and cooperative environment. Our pom team practices once per week and performs throughout the season.

# SEMI-COMPETITIVE CHEERLEADING

## Prep Teams (Ages 5-12)

Our prep teams offer training to prepare athletes for Allstar cheerleading. Athletes will learn the basics at a faster pace than pre-competitive with the intention to develop into an Allstar cheerleader one day. With Semi-competitive cheerleading, athletes will learn important skills such as cheerleading and tumbling basics, commitment to a team, following instruction, the importance of staying active and more! Prep teams have mandatory practice once per week and attend 1 day competitions locally.



*Where the  
fun continues!*





# ALLSTAR COMPETITIVE CHEERLEADING

## Competitive Allstar Program (Ages 6 & Older)

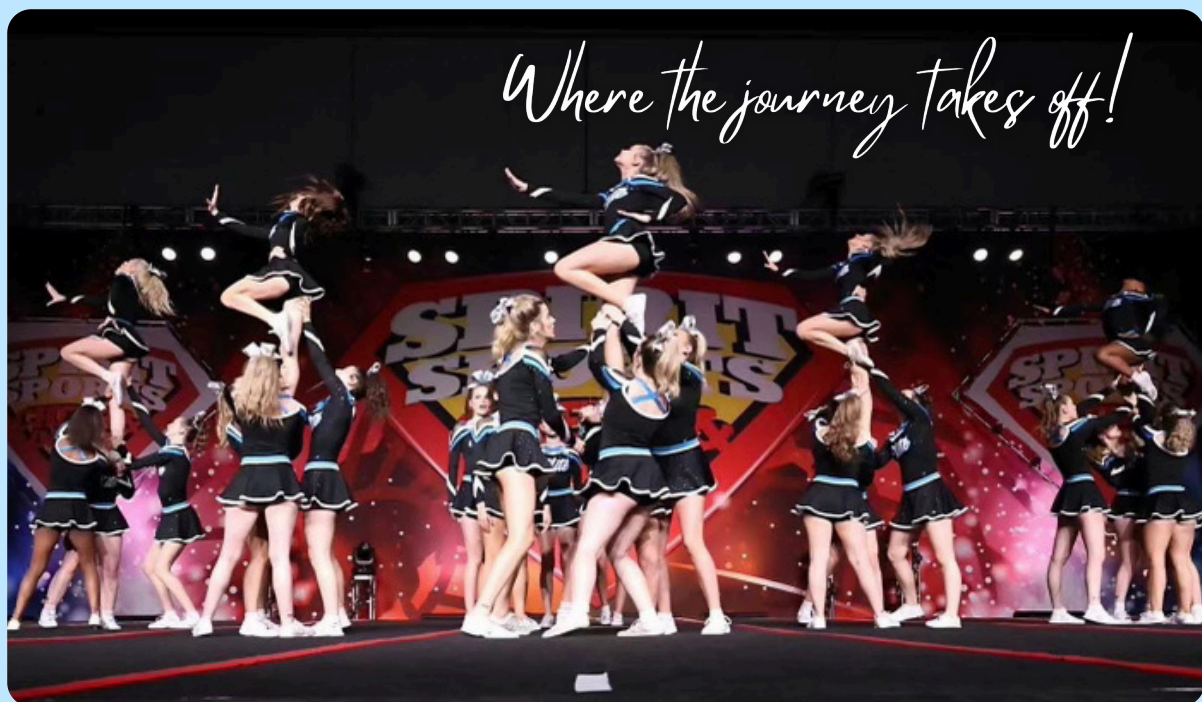


Our Allstar competitive program is for athletes who want to be competitive. This intensive program is designed to teach athletes dedication to the sport of cheerleading in a fun and safe environment. This high energy, fast paced, and team dynamic brings athletes together as a family, building life long friendships. Athletes build confidence by learning and progressing through skill levels with the guidance of our coaching staff.

Our Allstar teams have mandatory practice twice per week, have mandatory skills and choreography clinics (first choreo day(s) are Mid-Late August) throughout the season that athletes must attend. All practices and competitions for Allstar teams are mandatory throughout the season. When being a part of an Allstar team you are agreeing to a high level of commitment and dedication.

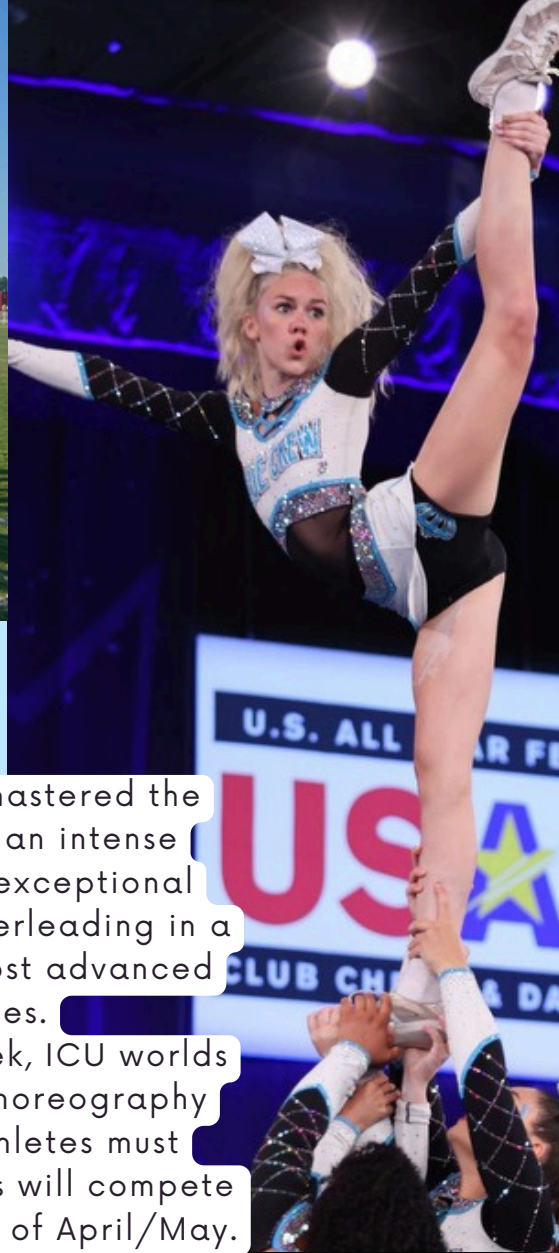
### Crossover athletes:

A crossover athlete is someone who competes on 2 or more of our competitive Allstar teams. Crossover athletes are selected by our staff based on skill, commitment, time management, leadership, and positive attitude.





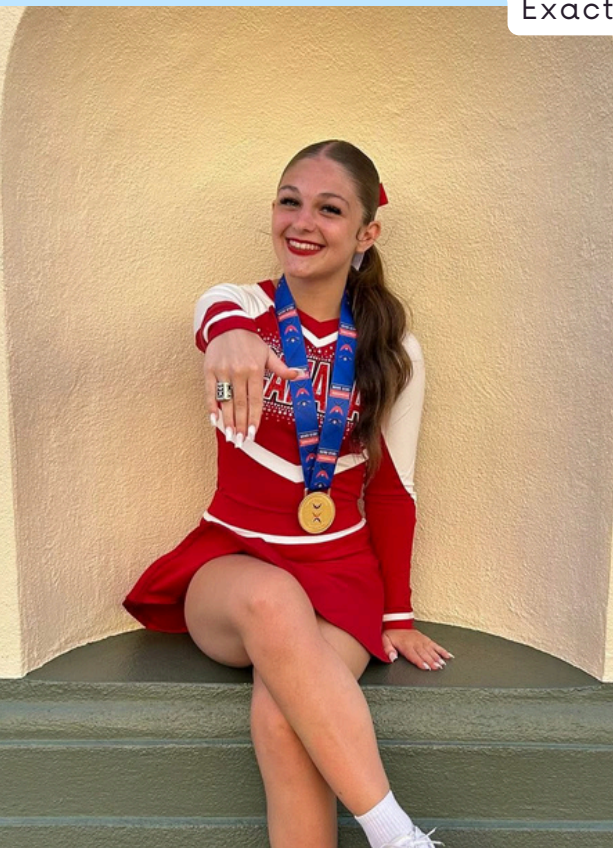
# WORLDS & SUMMIT PROGRAM



## Competitive Allstar Summit & Worlds Teams

Our worlds program is for athletes age eligible who have mastered the higher levels of cheerleading and are ready to embark on an intense journey! Our worlds program is designed to teach athletes exceptional dedication and high levels of commitment to the sport of cheerleading in a fun and safe environment. Athletes continuously learn the most advanced cheerleading and tumbling skills with expert coaches.

Our summit and IASF worlds teams practice 2-3 times per week, ICU worlds team practices 1x per week, all have mandatory skills and choreography clinics throughout the season beginning mid August that athletes must attend. All practices are mandatory. Summit & Worlds athletes will compete during the season locally and then in Florida during the month of April/May. Exact dates TBA.



# ICU WORLD CHAMPIONS

# TRAVEL OPPORTUNITIES



Our Florida travel teams are highly competitive and often require additional or last minute practices, clinics and sessions. In order to maintain your position on these teams you must have an extreme level of dedication and commitment.

HCE is proud to offer our incredible Worlds program once again in 2026! Blue Crew and New Edition tryouts will take place on May 31 with tentative callbacks to follow. These teams will compete in Orlando, Florida during the end of April 2026. Travel dates and additional fees for these teams TBD.

We are also extremely excited to compete for the first time ever at the Youth Summit in Tampa, FL and The Summit in Orlando, FL in April/May 2026. Summit team tryouts for Goodie Mob, Souljaz and Da Bratz will take place on May 31, 2025 with tentative call backs after. Travel dates and additional fees for these teams - TBD.

## **Teams competing at the Summit events in 2026:**

**Goodie Mob (U12 Level 1)**

**Da Bratz (U12 Level 2)**

**Souljaz (U16 Level 2)**



# FEES

Yearly fee listed below for the full season starting June 2025 & ending April 2026. Payments happen during the first 6 months and are not pro-rated. ALL Fees are non refundable.

## PRE-COMPETITIVE PROGRAM

Tiny Team (Ages 3-4)	\$740
Mini Rec Team (Ages 5-8)	\$900
Inclusive Abilities "Future" Team (All Ages)	\$400
Pom Team <small>(beginning in sept fees tbd)</small>	<i>Yearly fees divided into 6 monthly payments (June, July, Aug, Sept, Oct, Nov)</i>

## SEMI-COMPETITIVE PROGRAM

Prep Team (Ages 5-16)	\$1,200
	<i>Yearly fees divided into 6 monthly payments (June, July, Aug, Sept, Oct, Nov)</i>

## ALLSTAR COMPETITIVE PROGRAM

Allstar Competitive Team	\$1,730
*Optional Crossover Fee	\$500
	<i>Yearly fees divided into 6 monthly payments (June, July, Aug, Sept, Oct, Nov)</i>

## ATHLETE UNIFORM COSTS \*\*BRAND NEW UNIS FOR ALL 2025-2026\*\*

Pre & Semi-Competitive Uniform	\$210
Inclusive Abilities Uniform	\$175
Allstar Competitive Uniform	\$550

*25% Uniform deposit due in June/July at checkout, then 3 monthly payments follow ( Aug, Sept, Oct)*

## SUMMIT & WORLDS FEE \*TBD

Fees for New Edition non crossover & crossover TBD.



## BURSARIES

HCE Financial Bursaries are awarded to successful applicants throughout the season to go towards cheerleading fees.



## FUNDRAISING

Monthly fundraisers are offered through our program during the full cheer season. Fundraisers are optional and can help offset or cover costs of fees!



## Classes

Throughout the season we offer the following classes designed for athlete development:

- **Tumbling (All levels)**
- **Learn to Cheer**
- **Flyer Class**
- **Stunt Class**

## Private Lessons

Private lessons are offered throughout the season for 1 : 1 or 1 : 2 coaching sessions for any athlete working on training to progress a skill in tumbling or stunting. Lessons can be booked through Amilia.

## Camps

Throughout the season we offer the following camps designed for athlete development:

- **Summer camps**
- **March break camp**
- **PD Day camps (aligning with HRCE)**
- **Christmas break camps**





# ALLSTAR REGISTRATION

## 1 Now - May 31:

Sign up for your age group assessment time Online  
[www.halifaxcheerelite.net](http://www.halifaxcheerelite.net) & new athletes sign the waiver to the right

new athletes please sign waiver



## 2 SATURDAY, May 31:

### SUMMIT & WORLDS TEAM TRYOUTS

*\*Must have extensive experience at the level of the team requirement in stunting and/or tumbling. Please attend **ALL** tryouts for **ALL** teams you want to be considered for or crossover to.*

**9am-10:30am Goodie Mob Summit tryouts** \*birth years 2013 - 2018\*

\*Level 1 extensive experience required.

**11am-12:30pm Da Bratz Summit tryouts** \*Birth years 2013-2018\*

\*Level 2 extensive experience required.

**1pm-2:30pm Souljaz Summit tryouts** \*Birth years 2009 - 2014\*

\*Level 2 extensive experience required.

**3pm-4:30pm Blue Crew & New Edition Worlds tryouts** \*Birth years 2012 or earlier for BC, \*\* for NE \*Must have extensive Level 4 or beyond experience.

From summit and worlds tryouts, two options may be chosen by coaches:

1. Athletes may be called back to regular Sunday tryouts for further assessment

2. Athletes may only be called back to the second summit/worlds tryout

\*\*\*Being called back does not guarantee placement on any team!

## 3 SUNDAY, June 1:

### ALLSTAR ASSESSMENTS BY AGE

**9:00am - 10:00am: U8** \*birth years 2017 - 2021\*

**10:00am - 11:00am: U12 New to Allstar** \*birth years 2013 - 2018\*

**11:30pm - 1:30pm: Returning to Allstar U12** \*birth years 2013 - 2018\*

**1:30pm - 3:00pm: U16** \*birth years 2009 - 2014\*

**3:30pm - 5:00pm: U18+** \*birth years 2012 or earlier\*

*\*what if my birth year follows under two times? Choose the time that works for you.\**

## 4 June 2-6 week: Callbacks if needed

Call backs: athletes are called back for a 2<sup>nd</sup> or 3<sup>rd</sup> assessment. Some athletes will be invited to callbacks, some will bypass certain callbacks. Everyone's journey to their team is different and **not** comparable.

## 5 Rosters posted once teams are selected (by athlete number) on [www.halifaxcheerelite.net](http://www.halifaxcheerelite.net)

# REC PROGRAM REGISTRATION

new athletes please sign wavier



1

## Now - June 7:

Sign up [www.halifaxcheerelite.net](http://www.halifaxcheerelite.net) & new athletes sign the wavier to the right (QR Code)

2

## SATURDAY, June 7:

Attend in person assessments / orientation:

### **TINY REC PRE-COMPETITIVE: (SATURDAY, JUNE 7)**

**9:15am - 10:00am:** AGES 3-4 YEARS OLD

### **MINI REC PRE-COMPETITIVE: (SATURDAY, JUNE 7)**

**10:00am - 11:00am:** \*birth year 2017 - 2021\*

### **PREP SEMI-COMPETITIVE: (SATURDAY, JUNE 7)**

**11:00am - 12:00pm: U8** \*birth year 2017 - 2021\*

**12:00pm - 1:00pm U12 & U16** \*birth year \*2009-2018\*

### **INCLUSIVE ABILITIES PRE-COMPETITIVE:**

**(SUNDAY JUNE 15\*\*)**

**9:30am - 10:30am:** all ages \*team Future\*

### **POM TEAM:**

drop in try it practices over summer, beginning the full season in Sept. Info to follow.

3

## TINY, MINI, PREP by June 9:

- Find out which team you have made!
- Purchase your team fees on Amilia





# Follow -US-



Stay connected and up to date!



@halifaxcheerelite



"Halifax Cheer Elite"



[www.halifaxcheerelite.net](http://www.halifaxcheerelite.net)

